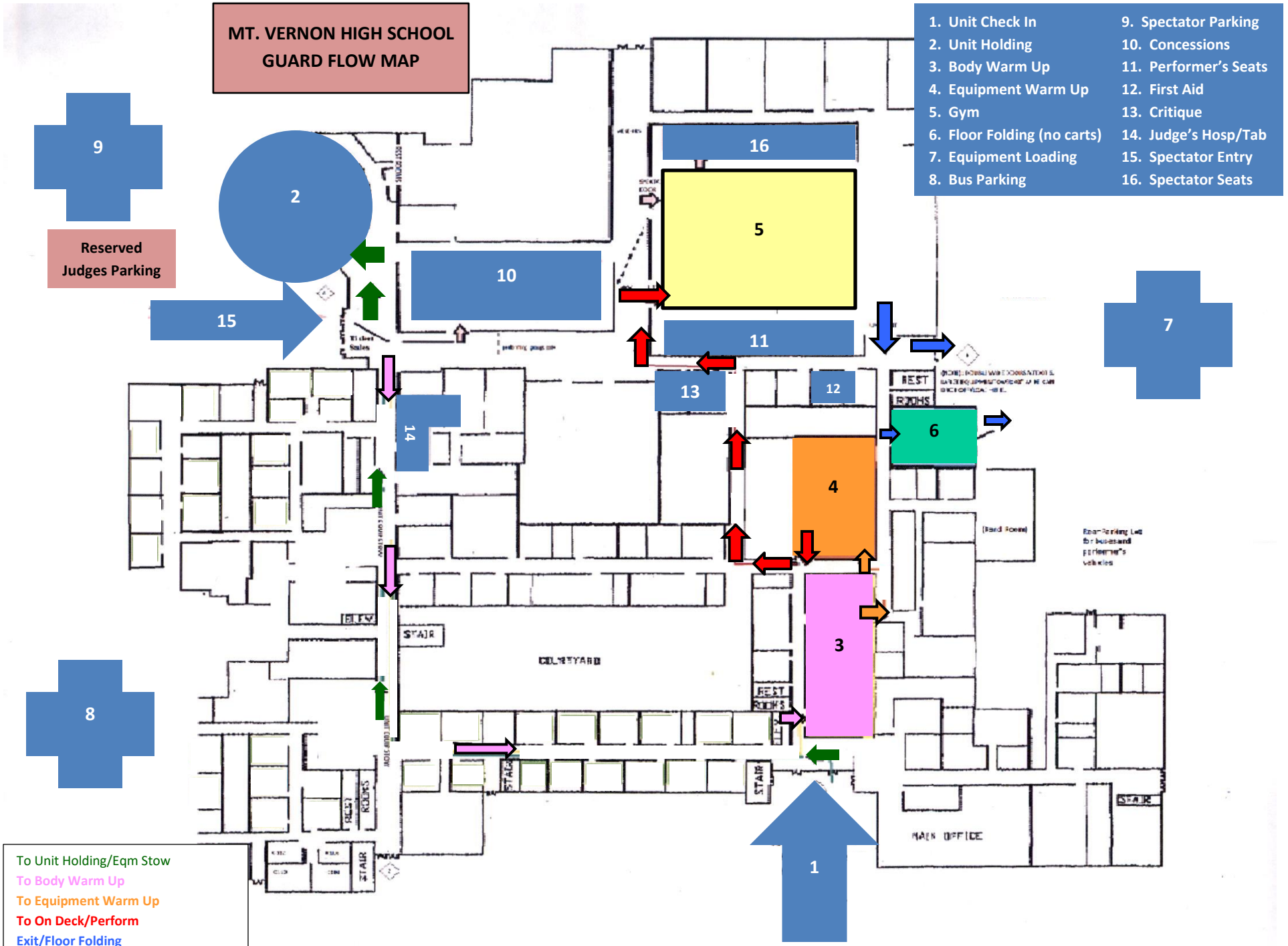
MT. VERNON HIGH SCHOOL GUARD FLOW MAP

1. Unit Check In
2. Unit Holding
3. Body Warm Up
4. Equipment Warm Up
5. Gym
6. Floor Folding (no carts)
7. Equipment Loading
8. Bus Parking
9. Spectator Parking
10. Concessions
11. Performer's Seats
12. First Aid
13. Critique
14. Judge's Hosp/Tab
15. Spectator Entry
16. Spectator Seats